

# FamilyWorks

Family Resource Center & Food Bank

FamilyWorks E-Newsletter

May/June 2014

## Upcoming Activities and Events

### **Reading Buddies Program**

Individualized reading help for  
School Age Children  
Tuesday and Thursday 4-5 pm  
at the Wallingford  
Boys & Girls Club.  
Starts July 1st.  
Call 694-6726

### **Within Reach**

**To help with benefits:**  
health insurance, utilities,  
food stamps, etc.  
2x/month  
Call for schedule.

### [Fremont 5K and Briefcase Relay](#)

Friday, June 6!  
Pack up your briefcase with  
food - stop at the  
FamilyWorks table!

July 5th at Meridian Park  
The Wallingford Family  
Parade and Festival.  
Come and get a Molly Moon  
Ice Cream Sandwich to  
benefit the [milk fund.](#)

The Wallingford Farmers  
Market has started! Every  
Wednesday from 3-7 at  
Meridian Park.

Click [here](#) for bi-monthly  
program calendar

Link to our 2013  
[Annual Report](#)

We love summer because it means that fresh fruit and produce fills the food bank due to the generosity of local gardeners and farmers. Thank you! Please support the Wallingford Farmer's Market on Wednesdays. Did you know that \$10 of EBT dollars (food stamps) are doubled through the Fresh Bucks program at select farmers markets, such as Wallingford's? What a great city!

*Jake Weber, Director*

## [World Milk Day is Sunday, June 1st](#)



This Sunday, June 1st, is [World Milk Day](#), and Molly Moon's Homemade Ice Cream is celebrating by raising support for the [Anna Banana Milk Fund](#) (FamilyWorks' very own milk fund for our Food Bank). You can

join in the celebration by going to a [Molly Moon's location](#) on Sunday, buy some ice cream and then say "Yes" when a server asks if you'd like to "add a dollar for the Milk Fund?"

As Molly said, "... We'd love this day to mean a whole lot more calcium and Vitamin D for the customers of the food bank!"

We hope we see you for some ice cream on Sunday. For more info about the event [go here.](#)



Come early on Sunday for  
Milk bottle temp tattoos

## [Food Bank Customers Say We're Doing A Good Job!](#)

Thanks to our intern, Leah Knopf and the help of Beth Stipek Tiemens, a Food Bank Survey was given to 220 customers!

Here is a sneak preview of some of the comments:

Interested in volunteering at FamilyWorks? [GO HERE](#) for more info regarding volunteer opportunities.

## Connect With Us



[Donate Now](#)

[Join Our Mailing List!](#)

### ***What do you like best about the FW Food Bank?***

"They were very helpful getting my unemployed friend back on his feet."

"That there is always enough food and that they treat us well"

"They work very conscientiously, they endeavor to help all people"

"That the volunteers remember me."

### **Children Learning - In Service**

The John Stanford International School really went to town on their service project for FamilyWorks! We expressed a need for **peanut butter** (high protein, satisfying and stores well) and **diapers** (expensive, keep babies dry and healthier and parents less stressed). They took this to heart and collected **101 jars of peanut butter and 4,348 diapers!**



You can read about a personal account of a student's experience [HERE on our blog.](#)

### **Postal Drive & GiveBIG updates**

The Wallingford Postal Carriers collected **14,974 pounds of food** for the FamilyWorks Food Bank. As well, **100 donors contributed \$15,768** to FamilyWorks for the recent GiveBIG campaign!!

Thank you for being part of such a caring community!

### **Grant Acknowledgments**

Thank you to **The Dore Foundation, The David McKinlay Trust, Harrington-Schiff, McEachern Foundation** and the **OneFamily Foundation** for grants to FW this year, to nourish and strengthen our customers with food and family support.