

FamilyWorks

Family Resource Center & Food Bank

FamilyWorks E-Newsletter

March 2015

Upcoming Activities

Free Tax HELP
is available through
United Way.
Pass the Word!

**Positive Parenting Of
Teens:**
April 22-May 9. Call 206
694-6777 to register

Single Parent Potluck
Saturday April 4 from 11-
1pm
Call Sarah at (206) 694-6849
for more info.

FAMILY ADVOCATES
available to sit individually
with you to help people find
resources, every Tuesday and
Thursday. Call 694-6727.

READING ROCKS
April 16th
Our annual literacy day
for families. We would
love to accept
your gently read
children's books,
to send home every
child with a book or
two!

Interested in
volunteering at
FamilyWorks? [GO HERE](#)
for more info regarding
volunteer opportunities.
Love Food Drives? Join us
every THIRD Saturday at
the Wallingford QFC!

Thanks one and all for being part of this mission with us. Did you know that last year we had more volunteers (439) giving more hours (8576) than ever before? More families than in any previous year came through the doors of the Family Resource Center (721) and more households (2021) were served in the food bank than the year before. We are excited about several program expansions and enhancements this year, as we continue to build community strength together with you. Thank you!

Jake Weber
Executive Director



A Great Story - Told by Lexie Fleming, Family Advocate

A (name changed for privacy) is a participant who came in to use the food bank and saw the sign about one-on-one assistance. He shared that he is divorced and had lost his job due to alcoholism. He says he drifted around for a bit and finally found himself in Wallingford, staying on a friend's couch and looking for jobs. He landed 2 jobs and was trying to find a shelter that would accommodate him. This proved challenging because he got out of his restaurant job at 11 at night and most shelters ask people to line up around 7 or 8 pm. He started riding the bus at night just to have a safe place to sleep. A shared that he was feeling discouraged that he didn't have a place yet in Seattle where his kids could visit him.

He came in today to share that he had found housing. After demonstrating to a friend that he could maintain his sobriety and hold his jobs, the friend agreed to let him renovate and live in the studio apartment that he owns. He is feeling great about that, and now is looking at arranging to get money to his ex-wife for his kids. He even asked about volunteering in the food bank!

POWER PACKS EXPAND

Connect With Us



Wallingford is looking for help on Saturday, April 25th for the Wallingford Spring Clean Up! Meet at 9:30am at the Wallingford Center. Food/supplies provided!

Click [here](#) for the bi-monthly program calendar

Please help us continue in **Nourishing, Connecting and Empowering** our most vulnerable neighbors.

Donate Now

Join Our Mailing List!



We are partnering with a new school for our Weekend Power Pack program for kids - Daniel Bagley Elementary! A grant from Bethany Lutheran Church will help us purchase the kid friendly supplies needed for the bags, so that ten more students have food over the weekend. Thanks to everyone who has contributed to these Power Packs for kids. One teacher's comment - "I am so relieved to know this child will eat over the weekend." Thank you!

Hunger Action Day

Mike Cox, Food Bank Manager, and Jake Weber, Director went down to Olympia on March 9th for Hunger Action Day! Watch for Mike's Blog Post soon all about it, but in the meantime, please contact your legislators and support sustained funding for SNAP (Food Stamps), Breakfast After The Bell, and [more](#).



A Long-time FamilyWorks Volunteer Shares Her Story

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18.5 years ago, Shelly Sundberg was looking for a place to volunteer while her children were small. She discovered FamilyWorks and when her children were both in elementary school, they started volunteering with their mother. Now her kids are 22 ... Continue reading → [...>](#)

Family Programs Coordinator Position Open

We are excited that Sarah Turner is going to do make Transformational Change in the world, as she furthers her commitment to Social Justice and heads to graduate school, but we are all going to miss her at FamilyWorks.

If you know of someone experienced in Early Childhood and family programming, send them to this link, [HERE!](#)

Thank You for
Nourishing, Connecting and Empowering
our Community.