

FamilyWorks

Family Resource Center & Food Bank

E Newsletter

August, 2016



Upcoming Programs:

5 Week Parenting Class for Parents of Preschoolers and Toddlers

Taught by Julietta Skoog
Sept. 14, 21, 28 and Oct 5th and 12th

Please register at
(206) 694-6727

School Supplies Give-Away
August 25th 12-5, must pre-register at (206) 694-6727

Family Advocacy, Teen Parent Program, Playgroups and more, see [Website](#)

BOOK EXCHANGE
Tuesday, October 30th from 4-5:30 PM. One and All, adults and children - swap a book or two!

More info on anything listed:
(206) 694-6727

[Check out our 2015 Annual Report Here!](#)

EIN: 91-1757277
See the impact of your support!

[Connect With Us](#)



We've got a great team in action at FamilyWorks as we head into the busy season!

Thanks for helping us keep up with the 30% increase in use at the Food Banks, we sure appreciate it. Savor the rest of your summer with the warmth of friends and family.

With gratitude,
Jake Weber, Executive Director

Launa Lea, Family Resource Center Manager

We are delighted to have Launa Lea join the FamilyWorks team! Her passion for family empowerment was ignited while working with inner-city schools in San Antonio, TX. After receiving an MA in Sustainable Communities, Launa migrated to Seattle and helped start The Aurora Commons, where she continues to volunteer as a creative writing teacher. After



several years of designing education programs for The Washington Oral Health Foundation, Launa came to FamilyWorks to refocus on grassroots community building. We are excited that she has chosen FamilyWorks to put her experience, humor and strategic vision to work on behalf of the FamilyWorks community!

Those Of Us In Need Are Not Alone Part Two

This post is a continuation of the blog on the FamilyWorks Grocery Delivery Program. While the previous post highlighted one participant's appreciation for the program, this post focuses on the need for the Grocery Delivery Program. [READ>>>](#)





Click [here](#) for the bi-monthly program calendar

Please help us continue in **Nourishing, Connecting and Empowering** our most vulnerable neighbors.

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*Note - the following is an excerpt from a [letter written](#) by FamilyWorks' Food Bank Manager Mike Cox.

[GFRC Update and Summer Produce](#)

Check out the luscious greens from Picardo and Evanston P-Patches for the folks using the Greenwood Food Resource Center! We are now seeing over 100 households a week and the families (15% are kids, 62% are seniors!) love the fresh veggies and fruit. We are grateful to all the P-Patches, the Wallingford Farmers Market, the individual and group gardens that support FamilyWorks. They all add up to good health for our participants. If you find yourself with some extra produce in your garden, we would love for you to share it with our food banks! Thanks.



[Buying or Selling a Home Benefits](#)

[FamilyWorks](#)

FamilyWorks has a unique partnership with Jamie Flaxman, a local real estate broker. For buyers and sellers who mention FamilyWorks, Jamie and Coldwell Banker will donate 10% of their side of the commission on the sale to FamilyWorks. As a result, over the past 12 months, FamilyWorks has received...

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[2016 Sunday Supper: RSVP Today!](#)

On November 6th, 2016, FamilyWorks will proudly host the 2016 Sunday Supper & Silent Auction, a benefit for our Food Banks and Family Resource Center. Long-time supporter and restaurateur Tom Douglas has, once again, generously volunteered space for the event in his Palace Ballroom downtown. [RSVP here](#) to let us know you're interested in attending and receive news updates regarding the event.

